



Dear Parents

Re: Year 10 Sex and Relationships Education

We will shortly be beginning some work in Year 10 on Sex and Relationships Education (SRE). This forms part of an ongoing programme which we deliver throughout the school. This topic covers some elements of Science and some Personal Social, Health and Economic Education (PSHEE) and will be delivered by myself and the School Nurse.

Your children will be engaging with the following questions as part of this work:

- Why do teenagers form relationships and how might these relationships develop in the future?
- How does conception occur and what are the myths and facts surrounding it?
- How does a condom work?
- What are Sexually Transmitted Infections and their symptoms and how can they be avoided?
- What are the advantages and disadvantages of different types of contraceptive?
- What are the choices presented by an unintended pregnancy?
- What is the impact on the education and future of becoming a young parent?
- What are the costs of having a baby?
- What are the advantages and disadvantages of staying at school beyond the age of 16?
- How does being a parent change a person's lifestyle?
- How does self-esteem affect people's choices?
- What is appropriate and inappropriate behaviour in a sexual relationship?
- What makes a good parent and how much support does a baby need from its parents?
- What support services are available locally?

We encourage you to discuss any of these areas with your children before, during or after our topic, as children and young people say that they greatly value being able to talk to their parents about these issues.

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children.

You have the right to withdraw your child from the elements of SRE which are not included in the National Curriculum for Science. Please contact us if you would like to take this option and a meeting will be arranged to discuss your concerns. If you would like to discuss any issues relating to our work on SRE, or to find out more about the lessons, please do contact me.

Yours sincerely

Mrs Helen Bristow

PSHEE & Citizenship Coordinator