



Dear Parents,

**Year 8 Geography Field Trip to Snowdonia
Monday 23rd January to Friday 27th January 2012**

I enclose further details and a kit list for our forthcoming trip to Snowdonia. Pupils will be accompanied by myself and Mr Grieve, and in addition activities will be led by qualified instructors from Marle Hall in a ratio of 1:10. All Marle Hall instructors have first aid training and full details regarding health and safety at the centre are available on request.

Travelling arrangements

We will leave school at around 9.30am on Monday 23rd January and will return in time for the end of the school day on Friday 27th January.

Itinerary

- River study
- Mountain day (glacial landscapes and impact of tourism issues)
- Rock climbing
- Orienteering / map reading races
- Rope/trapeze/zip wire activities
- Various team building activities
- Gorge scrambling
- Presentation by Snowdonia National Park warden (impact of tourism in the national park).
- Slate mine exploration

Medicines

Please hand all regular medicines to a member of staff before we leave. It should be clearly labeled with your child's name and directions for its administration. Marle Hall is unable under their health and safety regulations to administer any medication to pupils, and Arnold Lodge staff will contact you by telephone before administering paracetamol etc.

Luggage

Please restrict luggage to one bag and one small rucksack for use on the journey. Pupils will need a packed lunch for the Monday but no fizzy drinks please. Marle Hall provide walking boots, waterproof jacket and trousers and a rucksack but if pupils own their own walking boots they may bring them. **PLEASE DO NOT BUY AND SEND YOUR CHILD IN BRAND NEW LEATHER BOOTS THAT MIGHT RESULT IN BLISTERS.** Do not let your child bring mobile phones or expensive electrical equipment and do make sure that all belongings are clearly named. Please do take time to impress on your

child the importance of looking after their kit. We do not want them to be cold and miserable!

Please send a small amount of loose change in a named purse for the phone and shop.

Kit List

Being correctly equipped for activities is essential for safety *and* enjoyment.

You need to have quite a few changes of warm clothing, enough to change every day.

Bring clothes that you do not mind getting wet and muddy, and be aware that at this time of year it is likely to be very cold in Snowdonia.

- Old trainers or wellies for river study
- Another pair of trainers for land sessions
- 3 or 4 pairs long trousers- tracksuit, combats etc. Jeans are NOT suitable.
- 4 long sleeved tops- fleece is best or wool, acrylic or polycotton.
- Plenty of T shirts
- 3 pairs of warm thick socks (not nylon or football socks)
- Warm hat scarf and gloves (plus spares if you are prone to losing things!)
- Underwear
- Nightwear
- Set of casual clothes and footwear for evenings (pupils can travel in these)
- Lipsalve and moisturizer
- Torch with spare batteries
- Wash kit and towels
- Drinking water bottle / unbreakable flask
- Cheap camera to record best bits
- Bin Bag for dirty washing (we can but try!)
- Bin Bag to make a waterproof liner for rucksack
- Hard backed notebook (named) and pencil in clear plastic bag in case of rain.
- Manilla envelope style flat folder
- Small Tupperware style sandwich box

Contact details (for emergency only)

Marle Hall Outdoor Education centre

Marl Lane

Llandudno Junction

Conwy

North Wales

LL319JA

Tel: 01492 581218

[www. marlehall.co.uk](http://www.marlehall.co.uk)

If you have any further queries please do not hesitate to contact me at school.

Kind regards

Helen A. Maynard
Head of Geography