



ARNOLD LODGE

Juniors

ExEn Programme

Summer Term 2023



The ALS ExEn programme provides opportunities for pupils from Reception to Year 13 to learn beyond the classroom.

BOOKINGS:

To make a booking at one of the sessions, please book through Evolve for your chosen club.

Please note: Any clubs that are limited to a set number of attendees will be allocated on a first come first serve basis.

EXTERNAL SESSIONS:

Those marked with an * denotes a session run by an external provider and may incur an additional charge. Further information can be found in the accompanying letters. If you have any questions, please email Mrs Bottrill on lbottrill@arnoldlodge.com.

Please note that ExEn will start on Wednesday 19th April and finish on Tuesday 4th July.

CONTACT:

Mrs Louise Bottrill

Email: lbottrill@arnoldlodge.com



MONDAY

CHESS

Years?	Yr 3 - Yr 6	When?	Monday 12:20–13:00	Where?	Yr 5 Classroom	Teacher	Miss Dodd
---------------	--------------------	--------------	-------------------------------	---------------	-----------------------	----------------	------------------

Junior chess club welcomes pupils of all ages and abilities, from complete beginner to Grand Master!! Playing chess helps to develop higher-order thinking skills as it requires critical thinking, problem solving and forward planning. It can also help improve patience and concentration.

TAG RUGBY

Years?	Yr 3 - Yr 6	When?	Monday 12:20–13:00	Where?	Leamington Cricket Club	Teacher	Mr James/ Miss Scolah
---------------	--------------------	--------------	-------------------------------	---------------	------------------------------------	----------------	----------------------------------

Are you ready to take your first steps into the best sport out there? Tag-rugby is a fast-moving, non-contact game aimed at developing 'grass roots' rugby skills. We encourage the build up of running and handling skills whilst the ultimate objective is for the children to enjoy themselves. Rugby instils positive values, promotes teamwork, discipline and keeps us fit. Tag Rugby is an all-inclusive game, meaning that it is open to anyone who wants to play regardless of gender or ability. It does not discriminate against age, size or experience and it means that girls and boys are able to play the sport together.

JUNIOR CHOIR

Years?	Yr 3 - Yr 6	When?	Monday 12:20–13:00	Where?	Music	Teacher	Miss Pearson
---------------	--------------------	--------------	-------------------------------	---------------	--------------	----------------	---------------------

Choir welcomes pupils of all singing abilities. Pupils will learn how to sing together in unison and in harmony, and will work towards performances throughout the year. Singing helps to develop pupils' confidence, concentration and well-being, and is a wonderful way for pupils to work together with pupils in other year groups.

BALLET*

Years?	Rec - Yr 6	When?	Monday 12:20–13:00	Where?	Year 2 Classroom	Teacher	External
---------------	-------------------	--------------	-------------------------------	---------------	-----------------------------	----------------	-----------------

The dance school follow the IDTA syllabus in Ballet with an opportunity to undertake exams throughout the year. Classes are about having fun whilst developing the fundamental skills in ballet and building core and muscular strength.

REC - YR 1 KARATE

Years?	Rec - Yr 1	When?	Monday 16:00–16:45	Where?	Hall	Teacher	*External
---------------	-------------------	--------------	-------------------------------	---------------	-------------	----------------	------------------

Through the discipline of Tang Soo Do (a Korean martial art with roots into the Japanese arts) pupils learn to develop movement, kicking and defensive techniques. There are 10 Gup grade levels (coloured belts) and 9 Dan grade levels (black belts) with pupils given the opportunity to complete a grade every 3 months.

STORY PERFORMERS

Years?	Rec	When?	Monday 16:00–16:45	Where?	Reception Classroom	Teacher	Miss Emmerson
---------------	------------	--------------	-------------------------------	---------------	--------------------------------	----------------	----------------------

Children use drama, role-play and lots of story language to rehearse and act out their favourite stories to one another. An opportunity to develop a love for books and develop early performance skills.

MONDAY

ARTS & CRAFTS

Years?	Yr 1 - Yr 2	When?	Monday 16:00–16:45	Where?	Year 2 Classroom	Teacher	Miss Patterson
--------	-------------	-------	-----------------------	--------	---------------------	---------	----------------

An opportunity to be creative with crayons, scissors, glitter and glue! Craft club gives children time to take part in fun craft activities with their friends, while enhancing their fine motor and problems solving skills.



CRAFT CLUB

Years?	Yr 3 - Yr 4	When?	Monday 16:00–16:45	Where?	Year 3 Classroom	Teacher	Mrs Crampton
--------	-------------	-------	-----------------------	--------	---------------------	---------	--------------

Pupils will use discarded everyday objects such as glass jars, plastic bottles, old fabric, paper and cardboard in a variety of craft projects. They will learn how re-using our empty containers and worn-out items in clever ways can produce something fun and creative, whilst thinking about the impact our waste products have on the environment.

JUNIOR SCIENCE CLUB

Years?	Yr 5 - Yr 6	When?	Monday 16:00–16:45	Where?	Yr6 Classroom	Teacher	Ms Westmacott
--------	-------------	-------	-----------------------	--------	---------------	---------	---------------

Fun activities and competitions. Limited to 10 pupils.

TUESDAY

MATHS CLUB

Years?	Yr 3 - Yr 6	When?	Tuesday 12:20–13:00	Where?	S1	Teacher	Mr Chellis
--------	-------------	-------	------------------------	--------	----	---------	------------

Pupils will be given the opportunity to learn the fundamentals of tennis. They will work on their ball handling skills and get used to using a tennis racket. We will also look at the serve, forehand and backhand shot, to utilise their hand-eye coordination.

TENNIS

Years?	Yr 1 - Yr 2	When?	Tuesday 16:00–16:45	Where?	Playground	Teacher	Miss Cooper
--------	-------------	-------	------------------------	--------	------------	---------	-------------

Pupils will be given the opportunity to learn the fundamentals of tennis. They will work on their ball handling skills and get used to using a tennis racket. We will also look at the serve, forehand and backhand shot, to utilise their hand-eye coordination.

HOCKEY

Years?	Yr 3 - Yr 6	When?	Tuesday 16:00–16:45	Where?	Astro	Teacher	Miss Dodd
--------	-------------	-------	------------------------	--------	-------	---------	-----------

An opportunity to develop hockey skills.

TUESDAY

ORIGAMI

Years?	Yr 3 - Yr 6	When?	Tuesday 16:00–16:45	Where?	Yr 5 Classroom	Teacher	Mrs Crampton
---------------	--------------------	--------------	--------------------------------	---------------	-----------------------	----------------	-------------------------

Pupils will learn how to fold paper to make a variety of objects including animals and birds. This activity helps to develop fine motor skills and the ability to follow instructions in a fun and relaxing way.

ARTS & CRAFTS

Years?	Reception	When?	Tuesday 16:00–16:45	Where?	Reception Classroom	Teacher	Miss Cook
---------------	------------------	--------------	--------------------------------	---------------	--------------------------------	----------------	------------------

An opportunity to be creative with crayons, scissors, glitter and glue! Craft club gives children time to take part in fun craft activities with their friends, while enhancing their fine motor and problem solving skills.

THE ALS PLAYERS

Years?	Yr 3 – Yr 6	When?	Tuesday 16:00–16:45	Where?	Hall	Teacher	Miss Drury
---------------	--------------------	--------------	--------------------------------	---------------	-------------	----------------	-------------------

The ALS Players is the club for our most committed, creative and playful Drama pupils.

KNITTING

Years?	Yr 5 - Yr 8	When?	Tuesday	Where?	A18	Teacher	Mrs Darby/Miss Simms-Ross
---------------	--------------------	--------------	----------------	---------------	------------	----------------	--------------------------------------

Learn how to knit or if you are already a knitter come along and work on your latest project in the company of other knitters.

WEDNESDAY

MODELLING

Years?	Yr 1 - Yr 2	When?	Wednesday 12:20–13:00	Where?	Yr 2 Classroom	Teacher	Mrs Joyce
---------------	--------------------	--------------	----------------------------------	---------------	-----------------------	----------------	------------------

The children have access to a varied range of construction kits. They work in pairs with a different kit each week and are set a challenge to complete. This encourages collaborative work, decision making and develops their speaking and listening skills. Fine Motor Skills are also developed, and coordination.

PUZZLE CLUB

Years?	Yr 3 - Yr 6	When?	Wednesday 12:20–13:00	Where?	Yr 6 Classroom	Teacher	Miss Vraitch
---------------	--------------------	--------------	----------------------------------	---------------	-----------------------	----------------	---------------------

Puzzle club provides pupils with the opportunity to complete various puzzles. Examples include interactive puzzles, maze sheets, word searches etc. By undergoing these activities, pupils are learning the skills of perseverance whilst exercising their cognitive skills. Additionally, this club will help pupils develop their social skills by encouraging individuals to work as a team to solve a problem.

WEDNESDAY

KARATE*

Years?	Yr 2 - Yr 13	When?	Tuesday 16:00–16:45	Where?	Hall	Teacher	External
---------------	---------------------	--------------	--------------------------------	---------------	-------------	----------------	-----------------

Through the discipline of Tang Soo Do (a Korean martial art with roots into the Japanese arts) pupils learn to develop movement, kicking and defensive techniques. There are 10 Gup grade levels (coloured belts) and 9 Dan grade levels (black belts) with pupils given the opportunity to complete a grade every 3 months.

STRIKING & FIELDING

Years?	Yr 1 - Yr 2	When?	Wednesday 16:00–16:45	Where?	Astro	Teacher	Miss Smith
---------------	--------------------	--------------	----------------------------------	---------------	--------------	----------------	-------------------

Striking and fielding will develop the skills pupils need in games such as cricket, rounders and Danish longball focusing on their batting and fielding technique.

INFENTO

Years?	Yr 3–Yr 4	When?	Wednesday 16:00–16:45	Where?	Junior Classroom	Teacher	Mr James
---------------	------------------	--------------	----------------------------------	---------------	-----------------------------	----------------	-----------------

Remember the iconic toys Lego and Meccano? Well, this is bigger than that.

Mr Smart and Mr James are bringing Infento into the Juniors! Infento is the first in the world to develop a kit for education settings and families that lets them build real constructible rides together. You only need one kit and one hex key to create unlimited rides for their whole childhood. From toddler to teenager. From a walker, scooter, tricycle, bicycle, go-kart, skiboock to a sledge and more. Infento's modular parts allow endless possibilities. Time to get building! Initially starting in Year 3 we will be looking to expand out soon to other year groups.

JUNIOR NETBALL

Years?	Yr 3 - Yr 6	When?	Wednesday 16:00–16:45	Where?	Netball Court	Teacher	Miss Jones
---------------	--------------------	--------------	----------------------------------	---------------	----------------------	----------------	-------------------

All are welcome if you have an interest in playing netball! Netball club involves a mixture of fitness, drills and playing various netball skills based games.

CRICKET

Years?	Yr 3 - Yr 6	When?	Wednesday 16:00 –16:45	Where?	Cricket Club	Teacher	Mr Chellis
---------------	--------------------	--------------	-----------------------------------	---------------	---------------------	----------------	-------------------

By learning and practising the core skills of batting, bowling and fielding, children are invited to join Junior Cricket, honing their hand-eye co-ordination and match play understanding in the process. A technical skill and fun games each week.

WEDNESDAY

JUNIOR

Years?	Yr 4 - Yr 6	When?	Wednesday 16:00 –16:45	Where?	Yr 4 Classroom	Teacher	Mrs Triassi
---------------	--------------------	--------------	-----------------------------------	---------------	-----------------------	----------------	--------------------

An opportunity for junior chefs to explore and experiment with a variety of foods and cooking methods.

CREATIVE WRITING

Years?	Yr 5 - Yr 13	When?	Wednesday 16:00 –16:45	Where?	A2	Teacher	Mrs Draper
---------------	---------------------	--------------	-----------------------------------	---------------	-----------	----------------	-------------------

Creative Writing club provides pupils with the opportunity to practice and explore their writing skills. Pupils get the chance to write in a variety of different genres and share their work and run competitions. We are also recording students work and creating a podcast to present their stories.

THURSDAY

COMPUTING CLUB

Years?	Yr 1 - Yr 2	When?	Thursday 12:20 - 13:00	Where?	Junior Computer Room	Teacher	Mrs Taylor
---------------	--------------------	--------------	-----------------------------------	---------------	-------------------------------------	----------------	-------------------

An opportunity to develop computing skills.

CREATIVE WRITING & READING

Years?	Yr 3 - Yr 6	When?	Thursday 12:20 - 13:00	Where?	Yr 4 Classroom	Teacher	Mr Smart
---------------	--------------------	--------------	-----------------------------------	---------------	-----------------------	----------------	-----------------

Let your imagination run wild and bring those ideas to life through stories. Use your imagination to write your own story from start to finish and learn how to use different writing techniques to enhance your writing skills. There may even be the opportunity to publish your writing.

JUNIOR FENCING*

Years?	Yr 3 - Yr 6	When?	Thursday 16:00–16:45	Where?	School Hall	Teacher	External*
---------------	--------------------	--------------	---------------------------------	---------------	--------------------	----------------	------------------

Fencing is a fantastic sport that allows pupils expand pent up energy in a safe environment. Movement, coordination, sportsmanship, courage and perseverance are developed through the foil and sabre discipline.

FOOTBALL

Years?	Yr 3 - Yr 6	When?	Thursday 16:00 –16:45	Where?	Astro	Teacher	Mr Scott
---------------	--------------------	--------------	----------------------------------	---------------	--------------	----------------	-----------------

Pupils will develop a wide range of skills from passing to shooting to defending to dribbling. There is a heavy focus on game scenario's so that pupils become more 'match ready' for future fixtures and players of all abilities are welcome. This will also help to develop pupils' teamwork skills as well as their confidence, and it will help to integrate pupils across the whole of KS1 to build positive relationships with different year groups.

THURSDAY

PUZZLES & GAMES

Years?	Rec - Yr 2	When?	Thursday 16:00–16:45	Where?	Yr 1 Classroom	Teacher	Mrs Umhoefer
---------------	-------------------	--------------	---------------------------------	---------------	-----------------------	----------------	---------------------

Puzzle club provides pupils with the opportunity to complete various puzzles and games. Pupils will enjoy undertaking a challenge whilst developing their problem solving, learning to work as part of a team and accepting defeat.

DANCE FUSION*

Years?	Yr 3 - Yr 6	When?	Thursday 16:00–16:45	Where?	VI - 1	Teacher	External*
---------------	--------------------	--------------	---------------------------------	---------------	---------------	----------------	------------------

Dance is a great way to stay active and fit but most of all it's a lot of fun! This club will include a mix of genres such as Street Dance, Commercial & Modern with an opportunity to work towards Ofqual recognised dance examinations too.

TAG RUGBY

Years?	Yr 1 - Yr 2	When?	Thursday 16:00–16:45	Where?	Astro	Teacher	Miss Scorah/ Mr James
---------------	--------------------	--------------	---------------------------------	---------------	--------------	----------------	----------------------------------

Are you ready to take your first steps into the best sport out there? Tag-rugby is a fast-moving, non-contact game aimed at developing 'grass roots' rugby skills. We encourage the build up of running and handling skills whilst the ultimate objective is for the children to enjoy themselves. Rugby instils positive values, promotes teamwork, discipline and keeps us fit. Tag Rugby is an all-inclusive game, meaning that it is open to anyone who wants to play regardless of gender or ability. It does not discriminate against age, size or experience and it means that girls and boys are able to play the sport together. Hopefully, this year we will see the return of school competitions and the opportunity to collect some silverwear!

BOARD GAMES

Years?	Yr 5 - Yr 8	When?	Friday 16:00–17:15	Where?	A10	Teacher	Mrs Graves
---------------	--------------------	--------------	-------------------------------	---------------	------------	----------------	-------------------

Come along to play a variety of board games.

FRIDAY

JUNIOR CONCERT ORCHESTRA

Years?	Yr 2 - Yr 6	When?	Friday 12:20–13:00	Where?	A17	Teacher	Miss Crisp
---------------	--------------------	--------------	-------------------------------	---------------	------------	----------------	-------------------

A brand new beginner orchestra for any pupils who play a string (violin, viola or cello), woodwind or brass instrument! As long as you have played your instrument for 6 months, come along and give it a go!

TOUCH TYPING

Years?	Yr 3 - Yr 6	When?	Friday 12:20–13:00	Where?	Junior Computer Room	Teacher	Miss Scorah
---------------	--------------------	--------------	-------------------------------	---------------	---------------------------------	----------------	--------------------

Learn how to type with speed and precision with our touch-typing club.

ADDITIONAL INFORMATION

EXTERNAL SESSIONS:

Those marked with an * denotes a session run by an external provider and may incur an additional charge. Please see the accompanying letters for details of the external sessions:

- **FENCING:** KK Fencing Club
- **DANCE:** Love Ballet
 - Ballet
 - Dance Fusion
- **KARATE:** Association of Traditional Martial Arts

