



ARNOLD LODGE

**Juniors**

**ExEn Programme**

**Spring Term 2024**





The ALS ExEn programme provides opportunities for pupils from Reception to Year 13 to learn beyond the classroom.

## **BOOKINGS:**

To make a booking at one of the sessions, please book through Evolve for your chosen club.

Please note: Any clubs that are limited to a set number of attendees will be allocated on a first come first serve basis.

## **EXTERNAL SESSIONS:**

Those marked with an \* denotes a session run by an external provider and may incur an additional charge. Further information can be found in the accompanying letters. If you have any questions, please email Mr Thomas on [cthomas@arnoldlodge.com](mailto:cthomas@arnoldlodge.com).

Please note that ExEn will start on Tuesday 9th January and finish on Thursday 21st March.

## **CONTACT:**

Mr Charley Thomas, Head of Sport & ExEn

Email: [cthomas@arnoldlodge.com](mailto:cthomas@arnoldlodge.com)



# MONDAY

## CHESS

<b>Years?</b>	<b>Yr 2 - Yr 6</b>	<b>When?</b>	<b>Monday 12:00–12:30</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Dodd</b>
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Junior chess club welcomes pupils of all ages and abilities, from complete beginner to Grand Master!! Playing chess helps to develop higher-order thinking skills as it requires critical thinking, problem solving and forward planning. It can also help improve patience and concentration.

## RECORDER CLUB

<b>Years?</b>	<b>Yr 2 - Yr 4</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Patterson</b>
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Children will be learning the basics of note reading and how to play the recorder. We will be learning lots of fun songs, learning about pulse, rhythm and correct recorder fingering. We will be starting from the very basics so no need to already read music and be able to play!

## TAG RUGBY

<b>Years?</b>	<b>Yr 4 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>Leamington Cricket Club</b>	<b>Teacher</b>	<b>Mr James</b>
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Are you ready to take your first steps into the best sport out there? Tag-rugby is a fast-moving, non-contact game aimed at developing 'grass roots' rugby skills. We encourage the build up of running and handling skills whilst the ultimate objective is for the children to enjoy themselves. Rugby instils positive values, promotes teamwork, discipline and keeps us fit. Tag Rugby is an all-inclusive game, meaning that it is open to anyone who wants to play regardless of gender or ability. It does not discriminate against age, size or experience and it means that girls and boys are able to play the sport together.

## PUDDING CLUB

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>Food Room</b>	<b>Teacher</b>	<b>Mrs Crocker</b>
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An opportunity to design and make some classic puddings with a few shortcuts and twists! All ingredients are provided but will incur a £10 charge via Evolve.

## VEX ROBOTICS CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>CML</b>	<b>Teacher</b>	<b>Mr Sweetman</b>
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Build and code a robot capable of competing in the world's largest robotics championship.

## BALLET

<b>Years?</b>	<b>Rec - Yr 6</b>	<b>When?</b>	<b>Monday 12:20–13:00</b>	<b>Where?</b>	<b>School Hall</b>	<b>Teacher</b>	<b>External*</b>
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Classes are about having fun whilst developing the fundamental skills in ballet and building core and muscular strength. The dance school follow the IDTA syllabus in Ballet with an opportunity to undertake exams throughout the year.



# MONDAY

## ART CLUB

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Reception Classroom</b>	<b>Teacher</b>	<b>Miss Emmerson</b>
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An opportunity to be creative with crayons, scissors, glitter and glue! Craft club gives children time to take part in fun craft activities with their friends, while enhancing their fine motor and problems solving skills.

## CRAFT CLUB

<b>Years?</b>	<b>Yr 3 - Yr 4</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Ellis</b>
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Children will have the opportunity to work with many different mediums and materials to complete various artistic projects.

## SPORTS GAMES

<b>Years?</b>	<b>Y3 - Y4</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Playground</b>	<b>Teacher</b>	<b>Miss McTernan</b>
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Sports games will be on rotation, and will include lots of different sports and activities, depending on numbers. Sessions will mainly be tournament or game-based, with individual skills interwoven throughout. A great chance to come and play different sports!

## MAGIC CLUB\*

<b>Years?</b>	<b>Yr 4 - Yr 6</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>*External</b>
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Magic Club teaches magic using a variety of props including cards, coins, borrowed objects and everyday general household items and more.

## CREATION CLUB

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Monday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Crampton</b>
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Children will have the opportunity to work with many different mediums and materials to complete various artistic projects.

# TUESDAY

## BOOK CLUB

<b>Years?</b>	<b>Yr 3 - Yr 4</b>	<b>When?</b>	<b>Tuesday 12:30–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Tester</b>
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Join us for a weekly meeting to discuss your favourite books and your best reads. You can discuss the stories with friends and talk about emerging themes, styles and authors.

# TUESDAY

## JUNIOR FOOTBALL

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Playground</b>	<b>Teacher</b>	<b>Mr James</b>
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Pupils will develop a wide range of skills from passing to shooting to defending to dribbling. There is a heavy focus on game scenarios and this will also help to develop pupils' teamwork skills as well as their confidence.

## BOOK CLUB

<b>Years?</b>	<b>Rec - Yr 2</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Reception Classroom</b>	<b>Teacher</b>	<b>Miss Cook</b>
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An opportunity to develop a love for stories. Through the use of drama, role-play and a range of craft activities, children will use story language to retell and share their favourite books with one another.

## LEGO CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Holloway</b>
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Lego Masters has come to Arnold Lodge! Each week we will have a theme. Every team of budding engineers will construct the most impressive creation on that theme in a time limit. This club will strengthen fine motor, spatial reasoning and

## HOMEWORK CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Tuesday 16:00–16:45</b>	<b>Where?</b>	<b>Upper Juniors</b>	<b>Teacher</b>	<b>Miss McMullen</b>
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An opportunity to catch up on homework.

## KNITTING CLUB

<b>Years?</b>	<b>Yr 5 - Yr 8</b>	<b>When?</b>	<b>Tuesday 16:15–17:15</b>	<b>Where?</b>	<b>A2</b>	<b>Teacher</b>	<b>Mrs Darby</b>
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Learn how to knit or if you are already a knitter come along and work on your latest project in the company of other knitters.



# WEDNESDAY

## CONSTRUCTION

<b>Years?</b>	<b>Yr 1 - Yr2</b>	<b>When?</b>	<b>Wednesday 12:20–13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mrs Joyce</b>
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The children have access to a varied range of construction kits. They work in pairs/small groups with a different kit each week and are set a challenge to complete. This encourages collaborative work, decision making and develops their speaking and listening skills. Fine Motor Skills are also developed, and coordination.

## VEX ROBOTICS CLUB

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Wednesday 12:20–13:00</b>	<b>Where?</b>	<b>CML</b>	<b>Teacher</b>	<b>Mr Sweetman</b>
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Build and code a robot capable of competing in the world's largest robotics championship.

## KARATE\*

<b>Years?</b>	<b>Yr 2 - Yr 11</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Hall</b>	<b>Teacher</b>	<b>External</b>
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Through the discipline of Tang Soo Do (a Korean martial art with roots into the Japanese arts) pupils learn to develop movement, kicking and defensive techniques. There are 10 Gup grade levels (coloured belts) and 9 Dan grade levels (black belts) with pupils given the opportunity to complete a grade every 3 months.

## COMPUTING

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Junior IT Room</b>	<b>Teacher</b>	<b>Mrs Taylor</b>
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An opportunity to develop computing skills.

## EVEREST PROGRAMME

<b>Years?</b>	<b>Invite Only</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Upper Juniors</b>	<b>Teacher</b>	<b>Mr James / Miss Dodd</b>
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Junior football club is a chance for pupils in Y3 & Y4 of all ability to learn new football skills, and apply them in game-like situations. Geared towards enjoyment and improvement, this will be a fun club for all!

## NETBALL

<b>Years?</b>	<b>Yr 4 - Yr 6</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Netball Court</b>	<b>Teacher</b>	
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A fun and physical session aimed to develop core skills necessary for playing netball. As the pupils develop in confidence sessions will move onto using these skill effectively in games.

## JUNIOR FOOTBALL

<b>Years?</b>	<b>Yr 3 - Yr 4</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Playground</b>	<b>Teacher</b>	<b>Mr Pye</b>
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Junior football club is a chance for pupils in Y3 & Y4 of all ability to learn new football skills, and apply them in game-like situations. Geared towards enjoyment and improvement, this will be a fun club for all!



# WEDNESDAY

## CREATIVE WRITING

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Year 6S Classroom</b>	<b>Teacher</b>	<b>Mr Smart</b>
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A great opportunity for children to practise and improve their creative writing skills using a wide range of ideas and inspiration.

## POKEMON

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Wednesday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mr Downes</b>
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A club for any Y5 or Y6 who love pokemon to get together and catch em all.

## SPANISH CLUB

<b>Years?</b>	<b>Yr 4 - Yr 6</b>	<b>When?</b>	<b>Wednesday 16:00 –16:45</b>	<b>Where?</b>	<b>Upper Juniors Classroom</b>	<b>Teacher</b>	<b>Mr Sturt-Schmidt</b>
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A fun and engaging way for our younger pupils to grow their love of language and delve into the exciting world of Spanish. Pupils will start to learn more basics, as well as explore descriptions and useful phrases.

# THURSDAY

## JUNIOR CHOIR

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Thursday 12:20 - 13:00</b>	<b>Where?</b>	<b>A17</b>	<b>Teacher</b>	<b>Miss Pearson</b>
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Choir welcomes pupils of all singing abilities. Pupils will learn how to sing together in unison and in harmony, and will work

## BOOK CLUB

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Thursday 12:20 - 13:00</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Mr Smart</b>
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A chance for pupils to settle down and read some fantastic books, discuss and review them, and recommend to others.

# THURSDAY

## JUNIOR FENCING\*

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>School Hall</b>	<b>Teacher</b>	<b>External*</b>
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Fencing is a fantastic sport that allows pupils expand pent up energy in a safe environment. Movement, coordination, sportsmanship, courage and perseverance are developed through the foil and sabre discipline.

## HOCKEY

<b>Years?</b>	<b>Yr 5 - Yr 6</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>Playground</b>	<b>Teacher</b>	<b>Miss Smith</b>
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An opportunity to develop hockey skills.

## PUZZLES & GAMES

<b>Years?</b>	<b>Yr 1 - Yr 2</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>Junior Classroom</b>	<b>Teacher</b>	<b>Miss Patterson</b>
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We will be playing lots of fun and exciting games, working on turn taking and problem solving skills.

## MOVIE CLUB

<b>Years?</b>	<b>Rec - Yr 2</b>	<b>When?</b>	<b>Thursday 16:00 –16:45</b>	<b>Where?</b>		<b>Teacher</b>	<b>Miss Vraitich</b>
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A chance to come together to watch different types of movies and relax after a long day. Pupils will come together to quietly enjoy different genres (age appropriate) and there may even be time for requests!

## HOMEWORK

<b>Years?</b>	<b>Yr 3 - Yr 6</b>	<b>When?</b>	<b>Thursday 16:00–16:45</b>	<b>Where?</b>	<b>Upper Juniors Corridor</b>	<b>Teacher</b>	<b>Miss McMullen</b>
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An opportunity to catch up on homework.

## BOARD GAMES

<b>Years?</b>	<b>Yr 5 - Yr 8</b>	<b>When?</b>	<b>Friday 16:00–17:15</b>	<b>Where?</b>	<b>A10</b>	<b>Teacher</b>	<b>Mrs Graves</b>
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Come along to play a variety of board games.



# FRIDAY

## ALS PLAYERS

Years?	Yr 3 - Yr 6	When?	Friday 12:20–13:00	Where?	Hall	Teacher	Miss Drury
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The ALS Players is the club for our most committed, creative and playful Drama pupils.

## ADDITIONAL INFORMATION

### EXTERNAL SESSIONS:

Those marked with an \* denotes a session run by an external provider and may incur an additional charge. Please see the accompanying letters for details of the external sessions:

- **FENCING:** KK Fencing Club
- **KARATE:** Association of Traditional Martial Arts
- **BALLET:** LoveBallet
- **MAGIC CLUB:** Angus Baskerville Magic



