

**Week 1**  
2<sup>nd</sup> Mar,  
23<sup>rd</sup> Mar

# ARNOLD LODGE



4 - 18 yrs Co-educational Independent Day School

**Spring Menu**

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day
<b>MAIN MEAT</b>	Pork Sausages	Pasta Bar with a variety of toppings	Breaded Fish	Hunters Chicken	Beef Goulash
<b>MAIN VEGETARIAN</b>	Vegetable Sausages	Rich Tomato Sauce	Halloumi	Hunters Plant-Based Chicken	Plant-Based Goulash
<b>SIDES</b>	Potato Wedges Garden Peas Baked Beans	Penne Pasta Garlic Bread Parmesan Cheese Fine Green Beans	Chips Garden Peas Mushy Peas	Steamed Rice Roasted Mushrooms	Parmentier Potatoes Batton Carrots
<b>DESSERT</b>	Raspberry Chocolate Cake	Syrup Sponge & Custard	Pancake with Dessert Sauces	Lemon Drizzle Cake	Chocolate Brownies

**\*All our soups are vegetarian and gluten free\***

**Gluten free main course and pudding available**

**Week 2**  
9<sup>th</sup> March,  
30<sup>th</sup> March

# ARNOLD LODGE



4 - 18 yrs Co-educational Independent Day School

**Spring  
Menu**

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day
<b>MAIN MEAT</b>	Spaghetti Bolognese	Chicken Casserole	Burger Bar	Chicken Shawarma	Katsu Chicken Curry
<b>MAIN VEGETARIAN</b>	Macaroni Cheese	Vegan Casserole	Vegan Burger	Baked Aubergine	Katsu Vegan Curry
<b>SIDES</b>	Garlic Bread Parmesan Cheese Italian Salad Sweetcorn	Creamed Potato Garden Peas Sliced Carrots	Burger Bun Chunky Chips Sliced Tomatoes Sliced Cheese	Herby Diced Potatoes Taboola Salad Greek Salad	Rice Naan Bread Mango Chutney Salsa
<b>DESSERT</b>	Orange Polenta Cake	Syrup Sponge & Custard	Victoria Sponge Cake	Fruit Pie with Cream	Selection of Yoghurts

**\*All our soups are vegetarian and gluten free\***

**Gluten free main course and pudding available**

**Week 3**  
16<sup>th</sup> March



4 - 18 yrs Co-educational Independent Day School

**Spring Menu**

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day
<b>MAIN MEAT</b>	Pork Meat Balls in Rich Tomato & Basil Sauce	Roast Beef Pie or Chicken Pie	Chicken Kebabs	Meat Feast Pizza	Chicken Korma
<b>MAIN VEGETARIAN</b>	Vegan Meatballs in Rich Tomato & Basil Sauce	Vegetable Pie	Vegetable Kebabs	Margherita Pizza	Vegetable Curry
<b>SIDES</b>	Penne Pasta Garlic Bread Grated Parmesan Cheese Green Beans	Vegetables	Diced Herby Potatoes Mint Yoghurt Flat Bread Greek Salad	Chips Feta Cheese Salad Quorn on the Cob	Steamed Basmati Rice Dhal Mango Chutney
<b>DESSERT</b>	Muffin	Fruit Pie and Custard	Vanilla Iced Cake	Carrot Cake	Chocolate Sponge

**\*All our soups are vegetarian and gluten free\***

**Gluten free main course and pudding available**