

# ARNOLD LODGE

## Seniors

### ExEn Programme

*Spring Term 2026*





The ALS ExEn programme provides opportunities for pupils from Reception to Year 13 to learn beyond the classroom.

## **BOOKINGS:**

To make a booking at one of the sessions, please book through Evolve for your chosen club.

Please note: Any clubs that are limited to a set number of attendees will be allocated on a first come first serve basis.

## **EXTERNAL SESSIONS:**

Those marked with an \* denotes a session run by an external provider or a session where a charge is applied. Further information can be found in the accompanying letters. If you have any questions, please email Mr Thomas on [cthomas@arnoldlodge.com](mailto:cthomas@arnoldlodge.com).

Please note that ExEn will start on Tuesday 6th January and finish on Friday 27th March.

## **CONTACT:**

Mr Charley Thomas

Email: [cthomas@arnoldlodge.com](mailto:cthomas@arnoldlodge.com)



# MONDAY

## CAREERS DROP-IN

Years?	Yr 10 - Yr 13	When?	Monday 13:30–14:00	Where?	A11	Teacher	Ms Davenport
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Get personalised advice on sixth form options, apprenticeships, and career pathways. Whether you're planning your next steps or need help with applications, expert guidance is available to support you.

## STUDY SUPPORT

Years?	Yr 10 - Yr 11	When?	Monday 13:30–14:00	Where?	AP1	Teacher	Miss LaChance
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## MATHS CLINIC

Years?	Yr 7 - Yr 10	When?	Monday 13:30–14:00	Where?	A10	Teacher	Miss Pettigrew
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A drop-in for any maths related questions, either homework or classwork related!

## GARDENING CLUB

Years?	Yr 7 - Yr 13	When?	Monday 13:30–14:00	Where?	S1	Teacher	Mrs Dearman
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Learn about plants, how to care for them and watch your creations grow. Consider the environment and why plants are so important and design your own eco garden.

## KS4 ART CLINIC

Years?	Yr 10 - 11	When?	Monday 13:30–14:00	Where?	Art Classroom	Teacher	Mr Browitt
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An opportunity for KS4 art pupils to catch up on work.

## STUDY SUPPORT

Years?	Yr 12–Yr 13	When?	Monday 13:30–14:00	Where?	VI-4	Teacher	Mr Scott
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Study support for Sixth Form pupils.

## FENCING\*

Years?	Yr 7 - Yr 13	When?	Monday 16:15–17:00	Where?	Church Hall	Teacher	External
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Fencing is a fantastic sport that allows pupils to expand pent up energy in a safe environment. Movement, coordination, sportsmanship, courage and perseverance are developed through the foil and sabre discipline.

# MONDAY

## MATILDA REHEARSALS

Years?	Selected	When?	Monday 16:15–17:00	Where?	Hall	Teacher	Performing Arts
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Valuable time for the cast and crew of our new play to get together and perfect the show!

## MATILDA SET DESIGN

Years?	Yr 5 - 13	When?	Monday 16:15–17:00	Where?	Hall	Teacher	Mr Browitt
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Work collaboratively to create the set and props for Matilda!

## MATILDA TECH CLUB

Years?	Yr 7 - 13	When?	Monday 16:15–17:00	Where?	Hall	Teacher	Miss Drury
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Join the ALS Tech Team to learn stage management, lighting and sound design while supporting our school musical and performing arts events - where the magic happens behind the scenes!

## 11D COMPUTING REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	CML	Teacher	Mrs Kandola-Edwards
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## 11D DRAMA REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	A18	Teacher	Miss Drury & Mrs Oswin
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## 11D FOOD TECHNOLOGY REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	Food Classroom	Teacher	Mr Champion
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## 11D PSYCHOLOGY REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	A8	Teacher	Miss Beckwith-Chandler
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## 11D SPANISH REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	A14	Teacher	Mr Stickels
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# TUESDAY

## DEBATING CLUB

Years?	Yr 7 - 13	When?	Tuesday 13:30–14:00	Where?	A6	Teacher	Mr Dobson
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Debating club is an opportunity to practice your debating skills on a variety of current affairs across the globe. There will also be opportunities to research these issues in depth in order to debate them. Just last year, our KS3 Debating Competition represented the school at a nationwide ISA Competition, placing as runners-up. This is the ideal club to represent the school and develop your communication and organisational skills.

## BOOK CLUB

Years?	Yr 7 - 13	When?	Tuesday 13:30 –14:00	Where?	A1	Teacher	Mrs Love
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Share books and a love of reading with pupils and staff.

## KS4 ART CLINIC

Years?	Yr 10 - Yr 11	When?	Tuesday 13:30–14:00	Where?	Art Classroom	Teacher	Mr Browitt
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An opportunity for KS4 art pupils to catch up on work.

## ENGLISH CLINIC

Years?	Yr 7 - Yr 10	When?	Tuesday 13:30–14:00	Where?	A14	Teacher	Mrs Smart
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An opportunity for pupils to catch up on work.

## KEY STAGE 4 STUDY SUPPORT

Years?	Yr 10 - Yr 11	When?	Tuesday 13:30–14:00	Where?	AP1	Teacher	Mrs LaChance
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Study support for Year 10 & 11 pupils.

## 11C GEOGRAPHY REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	A18	Teacher	Miss Sims-Ross
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## 11C HISTORY REVISION

Years?	Y11	When?	Tuesday 13:30–14:00	Where?	A10	Teacher	Mr Colledge
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## 11C PE REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	A2	Teacher	Mr Scott
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## 11C PSYCHOLOGY REVISION

Years?	Yr 11	When?	Tuesday 13:30–14:00	Where?	VI-3	Teacher	Mrs Bhandal
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## SCIENCE HOMEWORK CLUB

<b>Years?</b>	<b>Yr 7 - Yr 13</b>	<b>When?</b>	<b>Tuesday 16:15–17:00</b>	<b>Where?</b>	<b>S2</b>	<b>Teacher</b>	<b>Miss Perks</b>
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Come and complete your homework with a scientist there to help with any of your questions.

## TINKER CAD CLUB

<b>Years?</b>	<b>Yr9 - 11</b>	<b>When?</b>	<b>Tuesday 16:15–17:00</b>	<b>Where?</b>	<b>Design Classroom</b>	<b>Teacher</b>	<b>Miss Jastrzebski</b>
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A chance to create your own CAD designs from characters to functional products with the best being 3D printed to take home. Pupils will need to bring their own devices to this club.

## ARTISTIC DRAWING

<b>Years?</b>	<b>Yr 5 - Yr 8</b>	<b>When?</b>	<b>Tuesday 16:15–17:00</b>	<b>Where?</b>	<b>Art Room</b>	<b>Teacher</b>	<b>Mr Browitt</b>
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Come along and draw!

## SENIOR FOOTBALL

<b>Years?</b>	<b>Yr 7 - Yr 9</b>	<b>When?</b>	<b>Tuesday 16:15–17:00</b>	<b>Where?</b>	<b>Playground</b>	<b>Teacher</b>	<b>Mr Thomas</b>
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Improve football skills and participate in friendly matches.

## SENIOR NETBALL

<b>Years?</b>	<b>Yr7 - Yr 10</b>	<b>When?</b>	<b>Tuesday 16:15–17:00</b>	<b>Where?</b>	<b>Playground</b>	<b>Teacher</b>	<b>Miss Halliwell</b>
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Improve netball skills and participate in friendly matches.

## MATHS CLUB

<b>Years?</b>	<b>Yr5 - Yr 9</b>	<b>When?</b>	<b>Tuesday 16:15–17:00</b>	<b>Where?</b>	<b>Upper Juniors</b>	<b>Teacher</b>	<b>Mrs Jones</b>
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Extending your mathematical reasoning through challenge and team-work. This club will focus on lots of puzzles and games!

## DUNGEONS & DRAGONS

<b>Years?</b>	<b>Yr11</b>	<b>When?</b>	<b>Tuesday 16:15–17:00</b>	<b>Where?</b>		<b>Teacher</b>	<b>Mr Baker</b>
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An opportunity to participate in the popular game.

# WEDNESDAY

## SENIOR ORCHESTRA

<b>Years?</b>	<b>Yr 5—Yr 13</b>	<b>When?</b>	<b>Wednesday 13:30—14:00</b>	<b>Where?</b>	<b>A17</b>	<b>Teacher</b>	<b>Mrs Colledge</b>
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Pupils require Grade 2 and above to attend this ExEn. A popular and fun chance for our musicians to collaborate.

## ALS PLAYERS

<b>Years?</b>	<b>Yr 7 - Yr 11</b>	<b>When?</b>	<b>Wednesday 13:30—14:00</b>	<b>Where?</b>	<b>Hall</b>	<b>Teacher</b>	<b>Miss Drury</b>
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Our school Drama club for our most committed and creative pupils. Come along for extra Drama fun including games, improvisation, devising and scripted performances.

## D OF E TRAINING

<b>Years?</b>	<b>Yr 9 - Yr11</b>	<b>When?</b>	<b>Wednesday 13:30—14:00</b>	<b>Where?</b>	<b>Sixth Form</b>	<b>Teacher</b>	<b>Mrs Moffat &amp; Miss Simms-</b>
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Route planning, map skills and camp craft to prepare for the summer expeditions. Parents will need to sign up for this club via the 'trip' on Evolve, which will be sent out once the programme has been launched.

## CAKE & FILM CLUB

<b>Years?</b>	<b>Yr 7 - Yr 9</b>	<b>When?</b>	<b>Wednesday 13:30—14:00</b>	<b>Where?</b>	<b>A2</b>	<b>Teacher</b>	<b>Miss Hickin</b>
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Want to watch some great movies and discuss them with other film lovers? Join Film Club! We'll explore a new genre or theme each week, from classic blockbusters to indie gems and thought-provoking documentaries. Come and discover new films, share your favourites, and even pitch your own movie ideas to the group. Whether you're a casual moviegoer or a future director, all are welcome.

## KEY STAGE 4 STUDY SUPPORT

<b>Years?</b>	<b>Yr 10 - Yr 11</b>	<b>When?</b>	<b>Wednesday 13:30—14:00</b>	<b>Where?</b>	<b>AP1</b>	<b>Teacher</b>	<b>Mrs LaChance</b>
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Study support for Year 10 & 11 pupils.

## MATHS REVISION

<b>Years?</b>	<b>Yr 11</b>	<b>When?</b>	<b>Wednesday 13:30—14:00</b>	<b>Where?</b>	<b>A10—12</b>	<b>Teacher</b>	<b>Mrs Rice</b>
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## ENGLISH REVISION

<b>Years?</b>	<b>Yr 11</b>	<b>When?</b>	<b>Wednesday 13:30—14:00</b>	<b>Where?</b>	<b>A1</b>	<b>Teacher</b>	<b>Miss Qureshi &amp; Mrs Love</b>
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# SCIENCE REVISION

Years?	Yr 11	When?	Wednesday 13:30–14:00	Where?	S1	Teacher	Mr Hawkins & Mrs Jaffri
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## SENIOR SCHOOL PIXEL ANIMATION

Years?	Yr7 - 13	When?	Wednesday 16:15–17:00	Where?	CML	Teacher	Mrs Kandola Edwards
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In Robotics club, junior and senior students can take part in the VEX Robotics competition whereby students work in small teams to build and code a robot for this year's VEX game - Rapid Relay! Once students have build their robot, they can then take part in competitions with other schools around the country! If pupils do not want to take part in the VEX Robotics competition, they can use their imagination or build guides to create their own robot for fun (in groups or individually)!

## EXTENDED MATHS

Years?	Y10–11	When?	Wednesday 16:15–17:00	Where?	A10, A11, A13	Teacher	Mr Edwards, Mrs Ebrahim & Mrs Rice
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For students chosen to complete the Extended Level Certificate in Maths.

## SENIOR CHEFS

Years?	Yr7 - Yr 9	When?	Wednesday 16:15–17:00	Where?	Food Class	Teacher	Mr Champion
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This ExEn will be exploring, researching, planning and making delicious treats using bread. A staple ingredient, which is very versatile. We will aim to cook a few dishes between now and Christmas, starting with the Humble Toastie. However, not every session will be practical, but will lead up to making fun dishes.

## KARATE\*

Years?	Yr 2 - Yr 11	When?	Wednesday 16:15–17:00	Where?	Hall	Teacher	External
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Through the discipline of Tang Soo Do (a Korean martial art with roots into the Japanese arts) pupils learn to develop movement, kicking and defensive techniques. There are 10 Gup grade levels (coloured belts) and 9 Dan grade levels (black belts) with pupils given the opportunity to complete a grade every 3 months.

# THURSDAY

## ON SHAPE CAD

Years?	Yr 10 - Yr 13	When?	Thursday 13:30–14:00	Where?	Design	Teacher	Miss Jastrzebski
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A chance to learn a CAD software that is closer to the industry standard. Pupils will need to bring their own devices to this club.



## PROGRAMMING CLUB

Years?	Yr7 - Yr 13	When?	Thursday 13:30–14:00	Where?	CML	Teacher	Mrs Kandola - Edwards
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This year we are inviting students to attend Programming Club! Whether you already code regularly or are just starting to code, you are welcome to join programming club where you can practice your skills, code creative projects and develop your skills! Programming club offers students with the opportunity to learn how to code in Python and engage in their own programming projects. For students who can already code, this is a chance to start their own projects or learn advanced skills!

## EEA SUPPORT

Years?	Yr10–Yr 11	When?	Thursday 13:30–14:00	Where?	AP1	Teacher	Ms Burcham
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## BOARD GAMES

Years?	Yr 7–Yr 11	When?	Thursday 13:30–14:00	Where?	A8	Teacher	Miss Beckwith– Chandler
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Come along and play board games!

## DROP IN REHEARSAL SPACE

Years?	Yr 7–Yr 13	When?	Thursday 13:30–14:00	Where?	Hall	Teacher	Mrs Oswin, Miss Drury, Mrs Dewey
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An opportunity for pupils to use the hall to rehearse.

## REVISION SKILLS DROP IN

Years?	Yr 10 - Yr 13	When?	Thursday 13:30–14:00	Where?	A15	Teacher	Mrs Bottrill
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Learn proven techniques to study smarter, not harder. Discover effective revision methods, memory strategies, and exam techniques that will boost your confidence and performance.

## 11A BUSINESS REVISION

Years?	Yr 11	When?	Thursday 13:30–14:00	Where?	A14	Teacher	Mr Owen
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## 11A MEDIA REVISION

Years?	Yr 11	When?	Thursday 13:30–14:00	Where?	VI–4	Teacher	Ms O'Reilly
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## 11A MUSIC NEA/REVISION

Years?	Yr 11	When?	Thursday 13:30–14:00	Where?	A17	Teacher	Miss Nix
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## 11A HISTORY NEA/REVISION

Years?	Yr 11	When?	Thursday 13:30–14:00	Where?	A17	Teacher	Mr Dobson
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## IGCSE ENGLISH NEA CLINIC

Years?	Yr 10 - Yr 11	When?	Wednesday 16:15–17:00	Where?	A15	Teacher	Ms Smith
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Get support with your English Non-Examined Assessment coursework. Ask questions, discuss your approach, and ensure you understand what's needed to achieve your best possible grade.

## MATILDA REHEARSALS

Years?	Selected	When?	Wednesday 16:15–17:00	Where?	Hall	Teacher	Performing Arts
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Valuable time for the cast and crew of our new play to get together and perfect the show!

# FRIDAY

## 11B SOCIOLOGY REVISION

Years?	Yr 11	When?	Friday 13:30–14:00	Where?	VI-2	Teacher	Mrs Graves
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## 11B BUSINESS REVISION

Years?	Yr 11	When?	Friday 13:30–14:00	Where?	A14	Teacher	Mrs Caviezel-Cox
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## 11B DESIGN REVISION

Years?	Yr 11	When?	Friday 13:30–14:00	Where?	A3	Teacher	Miss Jastrzebski
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## 11B DRAMA REVISION

Years?	Yr 11	When?	Friday 13:30–14:00	Where?	A18	Teacher	Mrs Oswin & Mrs Drury
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## 11B SPANISH REVISION

Years?	Yr 11	When?	Friday 13:30–14:00	Where?	A15	Teacher	Mrs Moffat
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## STUDY SUPPORT

Years?	Yr 12–Yr 13	When?	Friday	Where?	VI–4	Teacher	Miss Gulliver
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Study support for Sixth Form pupils.

## KS4 STUDY SUPPORT

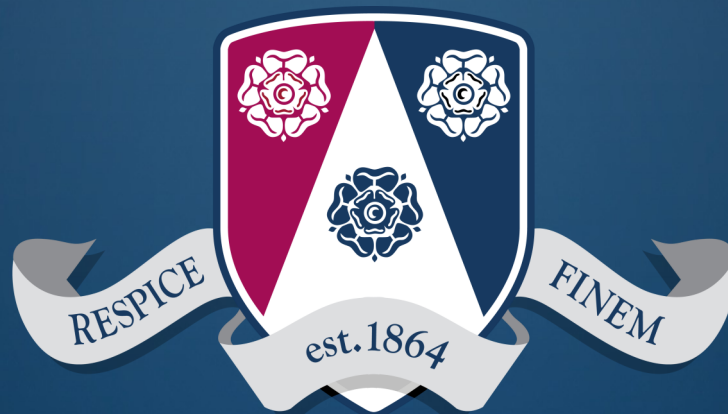
Years?	Yr 10 –Yr 11	When?	Friday 13:30–14:00	Where?	AP1	Teacher	Miss LaChance
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Study support for Year 10 & 11 pupils.

## EXTERNAL SESSIONS:

Those marked with an \* denotes a session run by an external provider and may incur an additional charge. Please see the accompanying letters for details of the external sessions:

- **FENCING:** KK Fencing Club
- **KARATE:** Association of Traditional Martial Arts



# ARNOLD LODGE